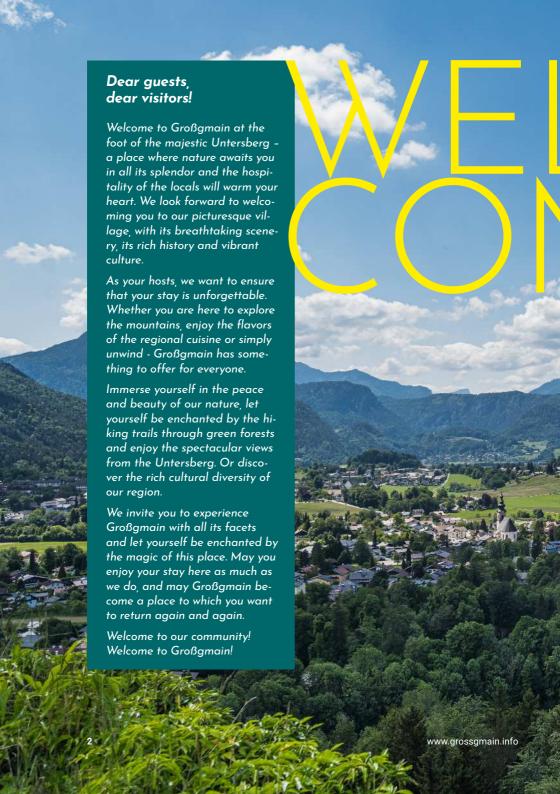
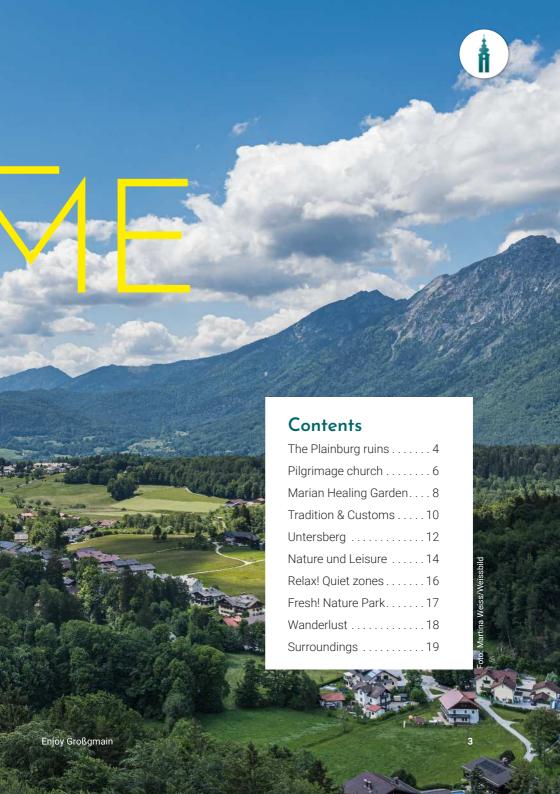


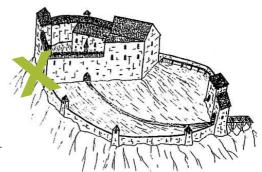
The charming holiday village

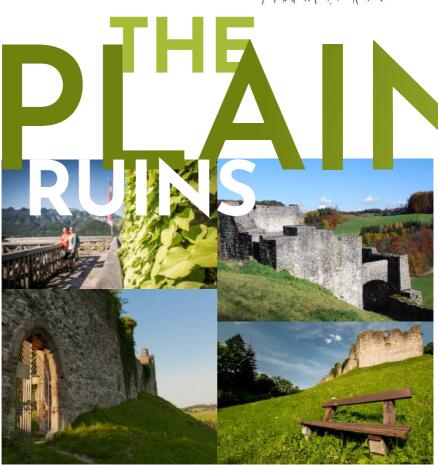
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Legend One of the most fascinating stories associated with the Plainburg is the legend of the walled-up girl. The young daughter of the lord is said to have had a forbidden love for a farmer's son. When her father found out about this, the girl was walled up in a dungeon in the castle to punish her love and make an example of her. Over the centuries, the story of the walled-up girl became a tragic legend.







### The Landmark of Großgmain

The Plainburg ruins in Großgmain, Austria, are a fascinating relic of a bygone era that holds both history and legends. The Plainburg sits majestically on a hill above the town and offers an impressive view of the surrounding landscape.

The history of the Plainburg goes back to the 12th century, when it was built by the Counts of Plain. This powerful noble family played an important role in the Salzburg region and was closely linked to the Salzburg archbishops. The castle served as a protective and defensive facility, as well as an administrative center for the surrounding lands.

Over the centuries, the Plainburg underwent numerous renovations and expan-

sions, indicating its strategic importance and the prosperity of its owners. Nevertheless, the castle could not withstand the destruction of the Thirty Years' War and gradually fell into ruins.

Today the Plainburg ruins are a popular excursion destination for history buffs and hikers who want to explore the picturesque landscape of the Salzburg region. Despite its dilapidated state, the Plainburg still exudes a certain grandeur and mysticism that attracts visitors from all over the world and immerses them in a bygone era.



### "To Our Lady"

The pilgrimage church in Großgmain is dedicated to Saint Mary and is often referred to as "Maria Hilf". This church has a rich history that dates back to the Middle Ages. According to legend, the church was founded by Benedictine monks in the 8th century, but the first documented mentioning dates back to 1130.

### Master of Großgmain

The Madonna in the main altar is a 15th-century masterpiece created by an unknown artist known as the "Master of Großgmain". Its grace and expressiveness attract pilgrims and art lovers from all over the world. The statue shows the Virgin Mary, smiling gently, with the baby Jesus in her arms.

For centuries, pilgrims have visited the pilgrimage church in Großgmain to pray before the Madonna and seek her intercession. The statue is considered a mediator between believers and the divine, and many report comfort and healing they have received through her devotion. The annual Untersberg pilgrimage on August 14th, is a spiritual path that leads around the majestic Untersberg mountain.

### Fountain Madonna

This extraordinary and unique statue is installed at Marienplatz, which is known far beyond the country's borders. It is a Mary in the dress of the Roman mother goddess Diana. A double-sided figure, with two faces and breasts from which water flows. This distinctive design elements originate from

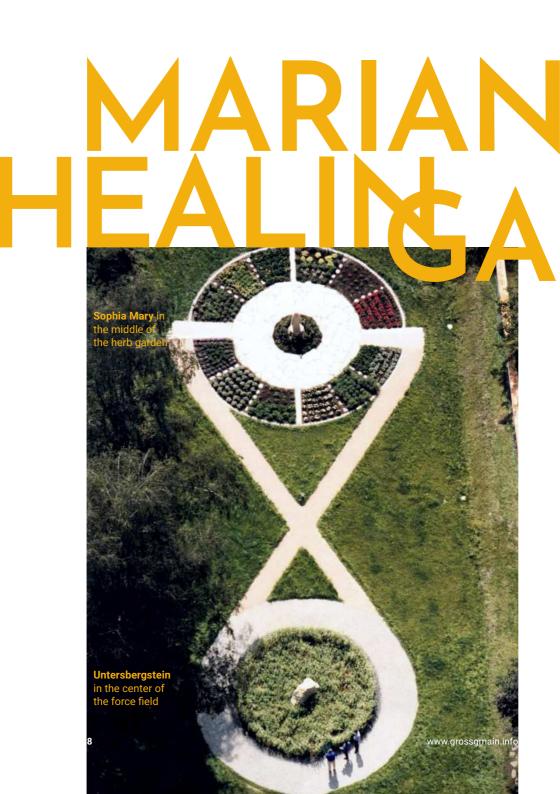
Renaissance and Baroque periods, when people had a faible for combining Christianity with ancient mythology, because they saw it as the perfection of Western culture.



The main altar with Madonna is not only a work of art, but also a symbol of the spiritual connection and hope.



**The Master of Großgmain** created panel paintings depicting scenes from the life of Christ.



"Star of Love" in the Marian Healing Garden, donated by David Zwilling



## RUE



**Sophia-Maria** symbolizes the world soul and embodies unity through love.

### Place of strength and grace



Next to the pilgrimage church, and in view of the mythical Untersberg, there is a nature-art garden that combines nature and philosophy, religion and mythology, astrology and numerology to form a holistic world view. In the middle of a circle of flowers and herbs, arranged according to the horoscope of the

inauguration date of August 15, 2001 at 10:30 a.m., stands a statue of Sophia Mary, a novelty in Western art and theology. According to Holy Scripture, she is the world soul, the mother of all

creation, who became human in Mary. She embodies unity through love, and represents the feminine principle.

The Marian Healing Garden is a place of strength and grace open to everyone. Although rituals or sacred ceremonies take place in the Marienheilgarten exclusively as part of church celebrations and festivals.

### Untersbergstein and "14"

The "Untersbergstein" stands on a strong force field and acts as a menhir stone that emits 14 rays, that are crossed by a circle. The intersection of the circle with the 14 rays results in 14 energy points, which are marked by 14 small stones. The reason for this specific arrangement is that the number 14 is dominant in the Holy Bible, and closely connected to Jesus and the salvation of mankind.

The Peace Flower is a creation by the internationally renowned artist Grigory Pototsky, who seeks to contribute to world peace by planting the same symbol of peace in every country around the world. For Austria, he chose Großgmain because the Marienheilgarten experiences a strong energy field. The flower symbolizes kindness of heart, intercultural understanding, and peace.



### Celebrate festivals as they come

In Großgmain, traditions and customs are lived and maintained with dedication. In the middle of the idyllic landscape at the foot of the Untersberg, there are numerous clubs and groups that preserve and carry on the cultural heritage of the region.

From traditional costume clubs to music groups and local heritage associations community life in Großgmain is characterized by a wide range of cultural events and festivals. These play an important role in community cohesion and offer locals and visitors the opportunity to experience the authentic life and customs of this charming region up close.

### Important festivals:

- <Setting up the
- · Krampus run >
- maypole
- · Church festivals
- Thanksgiving
- Theatrical
- · Palm consecration
- performance

Our clubs make every celebration an unforgettable time.



Großgmain celebrities: composer Heinrich Bresgen, 60s pop star Lolita, actor Josef Meinrad



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### Magic Mountain, Myth and Faith

Numerous myths and legends of the mountain rapture surround the Untersberg. One of them says that Emperor Charlemagne is waiting for his resurrection in Untersberg. Every hundred years he wakes up, and when he sees that the ravens are still flying around the mountain, he sleeps for another century. That's how long the emperor is looked after by the "Untersberger Mandln".

In another version of the legend it is about Friedrich Barbarossa, who sleeps in the mountain until his resurrection. His beard grows around a round table. So far it is wrapped around twice. But when it finishes the third round, the end of the world begins.

### Mountain for Hiking

From Großgmain the path starts at Bruchhäusl to the Vierkaser-Alm (1590 m), where alpine farming is practiced. From there it leads south via Ochsenkopf and Mitterberg to Berchtesgadener-Hochthron (1972 m). To the North it leads to the Salzburger-Hochthron (1853 m) or the Toni-Lenz-Hütte. Via the Hirschangerkopf you reach the Zehnkaser-Almen. Another path, which is located between Großgmain and Fürstenbrunn, leads over the Klingeralm (1526 m) to the Vierkaser-Almen as well.



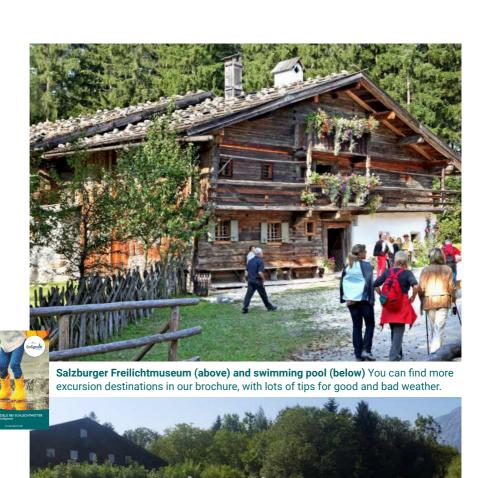
Friedrich Gauermann: Alpine farming on Untersberg (1835)



**Therese Holbein-Holbeinsberg:** View to the Untersberg (1827)



Maurice Grandjean: Friedrich Barbarossa in the Untersberg (1893)



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### Salzburger Freilichtmuseum

In the Salzburg open-air museum you can explore 100 rebuilt original buildings from agriculture, crafts, rural trade and industry. Embark on a journey through time through six centuries and discover Salzburg's rural past. Explore old farmhouses and marvel at the simple and diverse life of earlier times



**Outdoor Pool** The "small but nice" Großgmain swimming pool, with a 25-meter pool and a heated children's pool, offers swimming fun for young and old. Small refreshments and snacks from the kiosk, a children's playground and a well-kept lawn invite to linger. Open in the summer months (May to October). **Großgmain guests visit the pool for free!** 

S U R



# RELAX!







### Quiet zones

We offer relaxation areas with an ergonomically shaped wellness lounger in selected places throughout the town. Enjoy the view and let your mind wander. You can find our loungers:

### **Plainburg**

In the inner courtyard of the Plainburg ruins, nothing reminds of the stormy times of the Count of Plain. Today, embedded in the more than 5 meter high outer walls of the Plainburg, you can treat yourself to a little time out. (See picture above left)

### Kreuzerleitn

The "Kreuzerleitn" is located below the Randersberg. Untersberg, the Sleeping Witch, Three Chair Mountain and Sermon Chair - you can enjoy this unique mountain panorama in a relaxed manner from the wellness couch. (See picture left middle)

### Hochburger Höh

At the "Hochburger Höh" another rest zone invites you to linger. With clear view, you can let your gaze wander past the Lattengebirge mountains to the Loferer Steinbergen. (See picture below left)

### **Kneipp facility**

(see picture on the right)



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### **Untersberg Nature Park**

The Untersberg Nature Park is the first region in the province of Salzburg to be declared a nature park. An appealing attraction for young and old is the small chapel **Untersberg Waldandacht**, a wonderful place of silence and contemplation. Its special feature comes from the Großgmain parish's celebration of Jesus' birth every year on November 25th at 11 p.m.

The **Kneipp facility** is idyllically embedded at the foot of the Untersberg mountain. Get your metabolism and circulation going according to Kneipp's theory, with cold water treatments. Enjoy the relaxing effect for body and soul in the open air.





# e.g.: Sole Street (walking time approx. 13) From the Gmoa Arena, the

e.g.: Sole Strecke (walking time approx. 13/4 hours, 5.1 km)

Hikes through Großgmain

Take advantage of the beautiful landscape in Großgmain and the surrounding area for hiking. No matter whether you are more of a sporty hiker or just want to go for a quick walk in the fresh air, there is something suitable for everyone.

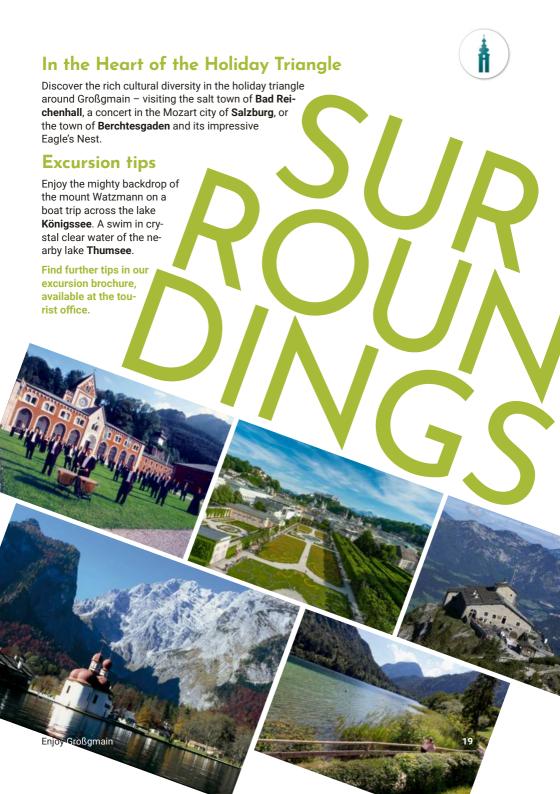
**Großgmain hiking** map: With hiking tips also for Untersberg and Lattengebirge; online available!

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From the Gmoa Arena, the local football fields, on the paved foot/bike path, first moderately at first, then increasingly ascending towards Pass Hallthurm. At the junction of the hiking trail to Wolfschwang/Großgmain, turn right and cross the federal road (B 20). On the other side of the road, a sandy forest path joins the road and can be followed upwards to the railroad track.

At the "Löwenschlucht" gorge the path narrows, and a bridge leads over the stream. The path widens again along the railroad tracks. At an asphalt road over the tracks, turn right downhill and then left again on a sandy path to the footbridge over the Weißbach. Follow the brine pipeline path downwards until the turnoff to the Baverisch Gmain mountain cemetery. Turn right, downhill to the main road and on an asphalted footpath/cycle path back to the starting point.



### Information:

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Open: Mon, Wed, Fri: 9 am to 2 pm Tue: 9 am to 6 pm; Thu: 9 am to 5 pm

### **Imprint**

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